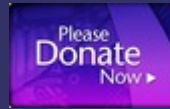




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October 22 - November 5 - 2013

HSZC.org



Please help support our temple,
Dharma study & our public
programs
Donations are tax deductible

Public Practice Schedule:

Monday

7:00 am Zazen

7:40 pm Morning Chanting Service

6:00 pm Zazen

6:40 pm Evening Chanting Service

Tuesday- Friday

6:00 am Zazen

6:40 am Kinhin (walking
meditation)

6:50 am Zazen

7:20 am Chanting Service

7:40 am Soji (brief temple
cleaning)

6:00 pm Zazen

6:40 pm Chanting Service

Thursdays Study Hour 7:30pm

October Sangha e-Newsletter



Now, the masters' dharma words or portraits are also given to lecturers of scripture schools as well as lay men and women. They are even given to workers in the monasteries or to the merchants. This is evident by the records of various masters.

In many cases, monks who are not qualified eagerly desire proof of dharma lineage and ask for a scroll of calligraphy. Although their teachers are distressed by this, they reluctantly take up their brush. In such cases the teacher does not follow the traditional format, but writes only that the person has studied with him.

The recent way is that students gain accomplishment under a master, they receive dharma from that master as their dharma teacher. Some monks sitting on a long platform, who have not received a seal from a master but only received guidance in the abbots room or listened to formal lectures, constantly refer to what was given by their master after they become abbots of temples. On the other hand many students only accept those with whom they have broken open the great matter as their dharma teacher.

[Treasury of the True Dharma Eye - Master Dogen's Shobo Genzo Edited by Kazuaki Tanahashi](#)

Saturday

6:30 am Zazen
 7:10 am Chanting Service
 7:25 am Soji
 8:30 am Drop-in instruction
 9:25 am Zazen
 10:15 am Dharma Talk
 11:00 am Refreshments/Social

HIV Meditation Sitting Group

weekly meditation group for those
 living with HIV, their friends,
 families, community supporters &
 anyone who wants to join us!
 Thursdays & Fridays

10:30 am zazen

11:00 am garden socializing

Women's Sangha

(Women only)

weekly meditation group for women
 including guest speakers &
 socializing
 Tuesdays

7:00 pm - 8:30 pm

Meditation in Recovery

Bows to all who were involved in, attended, organized, cleaned, cooked, filmed, have since visited our [online media to view](#) and wished the Hartford Street Sangha and Abbot Reverend Myo Lahey well on our recent Mountain Seat Ceremony on October 13, 2013. A gift to our

(Men & Women)
weekly meditation group for men &
women in recovery from addiction

Fridays, 7:30 pm - 9 pm

**Women's Meditation in
Recovery**

(Women only)
monthly meditation group for
women in recovery from addiction.
First Thursdays

7:15 pm - 8:45 pm



Sangha and in expression for the benefit and support of all beings. Our
deepest gratitude to all living and who came before... Gassho

Upcoming Events:



Dharma Talks - **Rev. Myo Lahey** - Nov 9,16,23... @10:15am.



Guest Speakers Saturdays 10:15am - **October 26** - **Rev Jeffrey Schneider**; **November 2** - **Elaine Donlin Sensei** of Jodo Shinshu; **December 14** - **Beata** Chapman



Full Moon Ceremony - **Saturday, November 16, 2013 @ 11am** - The Full Frosty or Full Beaver, Moon.



Sejiki Ceremony (A Ceremony to Comfort the Ancestral Spirits) - **Saturday, October 26th.**



Sangha Council - TBD (November)



Founder's Memorial - Issan's Memorial is generally on the 6th of the month, & the memorial for Philip Whalen is generally on the 26th @ 6:40pm



Study Hour The Book of Serenity, we have books to share, we read together, feel free to drop-in - Thursdays @7:30pm



Rohatsu, Winter Retreat/Sesshin - **December 4 - 8, 2013**



HSZC will be closed the following upcoming days: November 28th



Next Board of Directors' Meeting - Second Wednesdays of the month: November 13th @7:30pm (you're welcome to attend & observe)

Words from our Abbot: Rev Myo Lahey

It's also true that in other traditions, for instance I was brought up Christian as many of you were, and um, there's what's called petitioning prayer, where you actually are asking for something, and other kinds of prayer also, usually the most refined form of prayer is contemplative prayer, and there are of course grades of that in Western spirituality. The top level of that is called



infused contemplation where the Holy Spirit is in charge of the prayer, no longer the person. Suzuki-Roshi said we don't chant for something, rather we chant with a "firm conviction". This being Zen of course he doesn't then say what you are convinced of. Chant with firm convictions, not about something, not that Buddha's a cool guy. What he's talking about is the body-mind. Body-mind unburdened by conviction about something. This of course is actually the same as our sitting practice. Zazen manifests through body-mind firm conviction that isn't about anything. Someone might say, isn't it about true nature? You could say that, but hopefully before that became a problem, someone would say true nature isn't about anything either. True nature of Buddha nature is not some "thing". And because that's so, we can actually without the strain or struggle, manifest this conviction—this permission from the whole universe to be just as we are.

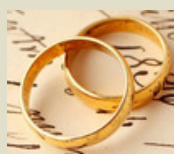
[Valley Streams Sangha 09-25-2013](#)

From the Garden

We received a nice tidy up for the Mountain Seat Ceremony and at last saw our harvested (from a few months back) plums return in the form of Plum Butter then used in Linzor torts with Buddha shaped cut outs. Very interesting...



Thank you all who donated time which will translate into funds for HSZC working at the Castro street fair



Seeking a LGBTQI, Buddhist space for "the" big commitment (Marriage)?

HSZC & Abbot Rev. Myo Lahey can be a part of this amazing & love filled ceremony. HSZC can house your Zen Buddhist Wedding ceremony & Rev Myo can perform weddings!

Please email hszc108@yahoo.com, call us, or the best way to discuss is to stop by during our publicly open hours.

Abbot, Hartford Street Zen Center (HSZC) --- Reverend Myō Lahey



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415.863.2507

Please submit stories, reflections, personal news, artwork & photography for future newsletters to
tetsugen.keido@yahoo.com

May this newsletter find you well & filled with equanimity! __/__

